

Lady 'Dogs Set PR at State

By Judy Rogers

Three Lady Bulldogs represented Golden Plains at the State Track meet in Wichita over the weekend. Ana Bermudez, Kami Miller, and Maggi Nieman each performed well in their events.

Kami Miller placed fourth in the 100m hurdles. She ran the prelims on Friday with a season best time of 16.69 seconds. She then beat her own time again on Saturday in the finals running in 16.43 seconds for fourth place. Miller ran the 300m hurdles in 51.13 seconds, just .01 shy of her season best, but did not qualify for finals in this event.

Ana Bermudez, a senior, made her first trip to state running the 3200m. She, too, ran a season best time of 14:19.6. Maggi Nieman, a freshman, made her first trip to state in the 1600m run where she finished in 6:11.43. "I thought it was a good learning experience, being my first year," said Nieman. "I really appreciate the support from my family, friends, coaches, and school."

"It was great to see these girls go down to Wichita and do their best," said Coach Travis Smith. "Kami bettered her finals time from a year ago and Ana ended her track career by running her season best as well." "Although Maggi didn't run her best time," added Smith, it showed her that she has the ability to compete at the state level. I hope it motivates her to continue to work even harder next year. The meet was a great experience for them all."